## CLIZIA BERNARDI

### **EDUCATION**

November 2021 License to practice Pharmacy, University of Siena, Italy

June 2021 Long single cycle degree in Pharmacy And Industrial Pharmacy, University of

Siena, Italy

# RESEARCH EXPERIENCE

December 2021 – present

**Ph.D. in Biochemistry and Molecular Biology BiBiM 2.0:** "Enhancement of the agro-food chain of *Phaseolus vulgaris* L.: production and biological and nutraceutical activities of native variants and recovery of industrial processing waste" – Department of Biotechnology, Chemistry and Pharmacy, University of Siena, Laboratory of Cellular and Macromolecular Biochemistry, (Prof. Lorenza Trabalzini).

November 2020 – June 2021

**Thesis internship** – Department of Biotechnology, Chemistry and Pharmacy,

University of Siena, Laboratory of Cellular and Macromolecular Biochemistry, (Prof.

Lorenza Trabalzini)

Preparation of research thesis: "Identification of natural origin anti - inflammatories

such as inhibitors of Spike-ACE2 binding".

### TECHNICAL SKILLS AND COMPETENCES

Tumor and endothelial cell lines cultures; Protein extraction and quantification; Sample preparation; Gel electrophoresis/SDS-PAGE analysis; Western Blot analysis; Enzyme-linked immunosorbent assay (ELISA); RNA extraction; RT-PCR; Viability, proliferation and migration assays; Data analysis.

# **CONFERENCES**

Bernardi C., Finetti F., Trabalzini L. "In vitro digested fractions of *Phaseolus vulgaris* protect colon cells from inflammation and oxidative stress". Poster, submitted at 62° SIB Congress, 7-9 September 2023, Florence, Italy.

# **PUBLICATIONS**

Bernardi C.; Macrì G.; Biagi M.; Miraldi E.; Finetti F.; Trabalzini L. "In vitro Digestion of Phaseolus vulgaris L. Cooked Beans Induces Autophagy in Colon Cancer Cells". *Foods* 2023, 12, 839.

Finetti F., Paradisi L., Bernardi C., Pannini M., Trabalzini L. "Cooperation between Prostaglandin E2 and Epidermal Growth Factor Receptor in Cancer Progression: A Dual Target for Cancer Therapy". *Cancers*. 2023; 15(8):2374.

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